

Practice Newsletter

Issue No 4



MOWBRAY GROUP

Mowbray House and Hutton Rudby Surgeries



*On behalf of all the team here at the Mowbray Group Surgeries we would like to wish you all a **Merry Christmas** and a **Happy New Year.***

DO YOU NEED HELP COMPLETING YOUR BLUE BADGE APPLICATION?



Did you know that there is **no** requirement for your **GP** to help with completion of your applications?

However, if you do need further support or assistance then you can contact your local council who will be happy to help or contact the Blue Badge Customer service number on **0117 9413791**/www.gov.uk/apply-blue-badge

TEAM UPDATE

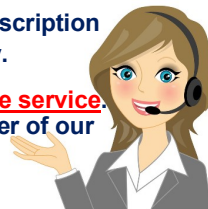
We would like to introduce you to two new members to our team. **Brooke Hodgson** has joined our Administration team and **Jade Schofield** the Dispensary team at Hutton Rudby Surgery.

Change of telephone prescription ordering times

At Mowbray House Surgery

As of 1st December 2019, at Mowbray House Surgery, our telephone prescription ordering times have changed to 12.30pm–2pm Monday to Friday.

Prescriptions can be ordered 24 hours a day, 7 days a week via our **online service**. For information about how to sign up for this service please ask a member of our team.



Where are you having Christmas Dinner this year?



Local social needs group **Life Encounters** will be holding its sixth annual **Free Festive Dinner** in the **Town Hall** in

If you are celebrating Christmas alone this year or you just need some festive cheer, then why not join other people like yourself and have a lovely Free Christmas Dinner at the Town Hall on Christmas Day from noon to 2.30pm. Mince pies and coffee will also be served from 11.00am. If you want to book yourself a place of even volunteer please call **07880334822**.

Colburn Village Hall are also planning a Free Christmas Dinner on Christmas Day. Ring Angie Dale on 07833 490502 to book

SAMARITANS

The festive period can be a challenging time for some. One in three calls to the Samaritans on Christmas Day are from people who feel lonely and isolated. Volunteer's keep the service running throughout the Christmas period, even on Christmas day. Whatever you are going through the Samaritans will face it with you.

They are at the end of the phone **24 hours a day. 365 days a year.**

If you just need someone to talk to ring them on



116 123

Here's wishing you all a Merry Christmas